GAPS | Theory of Change | commonwealth sport foundation

ULTIMATE GOAL

Humanity
Equality
Destiny

To drive equality in sport and society across the Commonwealth

Freedom
Hope
Growth
Connection
Belonging

IMPACT GOALS

SPORT WEALTH:
Inclusive sport pathways

Sport is more inclusive, accessible & the barriers from grassroots to representative levels are reduced

DIPLOMATIC WEALTH:
Connection between people & countries

Commonwealth identity strengthened, & Commonwealth Sport is recognised as being a catalyst for contributing to more equitable sport

SOCIAL WEALTH:
Community impact

Society perceptions are challenged & people with a disability, their communities & the Commonwealth benefit from inclusive sport pathways

CULTURAL WEALTH:
Diversity embraced

Increased awareness of the cultural diversity of the Commonwealth

ECOMONIC WEALTH:
Opportunity for ecomonic development

Employment , educational and sport access opportunities created

TARGET OUTCOMES

Development of a performance community

Coaches & athletes are empowered to share their knowledge with other members in the para sport ecosystem

Greater games representation

More athletes & coaches from developing nations representing more CGAs at the Commonwealth Games

Strong linkages between people, orgs & govt in the commonwealth

Collaborative partnerships & impact networks with common objectives are strengthened by using evidence based best practice to advance inclusive sport pathways

INTERMEDIATE OUTCOMES

Applied skills & knowledge

Coaches & athletes are more self-reliant & confident to implement newly acquired skills & knowledge in training & life

Improved performance

Athlete performances improve in both training & at competition enabling Commonwealth Games qualification or bipartite invitation

Community of practice

A diverse, active network of coaches, administrators, athletes from Commonwealth countries build a community that is safe, inclusive & innovative

Evidence based programming

Innovative practices are adopted to build on & maximise programme impact with best practices shared widely between sectors

OUTPUTS

New skills & understanding

Coaches & athletes know about performance practices & behaviours

Sense of belonging & cultural identity

Strong bonds formed & a sense of cultural identity embraced within our GAPS community

Strengthened partnerships

Stakeholder 'value proposition' with meaningful contributions to outcomes for athletes & coaches are achieved

Community engagement

Awareness is raised through inspirational stories that engages the community to support an inclusive sport system

Understanding & knowledge

Participants are exposed to the para sport pathway challenges with innovative practice ideas & solutions

ACTIONS

Coach & para athlete development

University led regional & global camps, in-country workshops & online webinars that provides coach & athlete development, quality training & education in sports science & sports medicine

1

Diversity & culture

Empowerment through embracing diversity & celebrating the unique cultures of participants

2

Partnerships

Activate & engage with partners (inc. Govt) to cocreate a programme of activities to support the development of inclusive sport pathways

3

Storytelling

Empowering participants to share their stories & capturing compelling stories to share using social marketing tools

4

Research

Story & data gathering, university collaboration, analysis, discovery of trends & themes, developing recommendations

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